Hale's swimming lessons are taught by American Red Cross certified instructors. Follow the infographic below to determine what lesson your child should enroll in. For more information on swimming lessons, visit the American Red Cross website.

Is your child able to swim 10 feet unassisted and float without a floatation device?

Yes → Is your child comfortable in deep water unassisted?

Yes → Can your child swim sidestroke and breaststroke?

Yes → Can your child swim butterfly?

Yes → Does your child swim the strokes close to perfectly?

Yes → LEVEL 6

No → LEVEL 5

No → LEVEL 4

No → LEVEL 3

No → LEVEL 2

No → LEVEL 1

SHALLOW END

DEEP END