Familiarize yourself with the following rules. You, your family, and any guests are responsible for following them. Your cooperation contributes to a safe, clean, and enjoyable recreation area. Thank you!

**GENERAL**

- Adult supervision of all children is required. No child under 16 years of age may be left at HSC unattended. Please watch your children attentively whenever they are in the water and be conscious of their whereabouts at all times.
- No running, skipping, or sliding on the docks. Toddlers must be closely supervised.
- Umbrellas and day tents are only permitted a safe distance from the water’s edge.
- There is no overnight storage for equipment; personal property left at HSC is at your own risk.
- Refrain from using electronic devices and enjoy music with headphones.
- Smoking is not allowed at Hale Summer Club.
- Showers are for rinsing only. No soap or shampoo may be used.
- Geese, turtles, and other critters are wild. Do not feed, touch, hurt, or try to catch them.

**SWIMMING**

- Per the Board of Health, anyone with open wounds, bandages, diarrhea, or communicable disease is restricted from swimming.
- All swimmers must wear swimsuits. Children in diapers are required to wear plastic pants over their swim diapers. Plastic pants are sold at the Guard Shack.
- Do not bathe or dress children in the swimming area. Restrooms feature changing facilities.
- Flotation devices are only allowed in shallow bins (except when used during a swimming class).
- Swimming is limited to designated, buoyed areas, and only when a Hale lifeguard is on duty.
- Diving is only permitted from the floating raft, unless supervised by a Hale employee.
- Swimming under the dock is prohibited; doing so is extremely dangerous.
- Please make room for lessons so students can learn to swim with fewer distractions.

**FOOD & BEVERAGES**

- We are a family establishment; no alcoholic beverages are permitted.
- Food is not allowed on the beach, but it may be enjoyed in the picnic area.
- Refrain from reserving tables for future use so that others have space to eat.
- Peanut-free zones are designated by red tables.
- Keep HSC clean by disposing of litter in the bins.

**FISHING**

- Fish in designated areas or from row boats and canoes. Do not fish from the docks or ramps.
- Children should not have knives in tackle boxes.
- “Catch and release” is the Hale way!